November 2026

East Texas Food Bank

Monday	Tuesday	Wednesday	Thursday	Friday
02 ETFB 1 Yogurt Sunflower Seeds Cereal Dried Fruit Veg. Juice	**03** ETFB 2 Bean Dip Mozzarella Plank Savory Crackers Fruit Cup Veg. Juice	**04** ETFB 3 Sun Butter Sun Butter Graham Crackers Applesauce Veg. Juice	**05** ETFB 4 Pepperoni Stick Smoked Gouda Cup Cheeze-it Crackers Fruit Cup Veg. Juice	**06** ETFB 5 Chocolate Sun Butter Chocolate Sun Butter Graham Crackers Dried Fruit Veg. Juice
09 ETFB 1 Yogurt Sunflower Seeds Cereal Dried Fruit Veg. Juice	**10** ETFB 2 Bean Dip Mozzarella Plank Savory Crackers Fruit Cup Veg. Juice	**11** ETFB 3 Sun Butter Sun Butter Graham Crackers Applesauce Veg. Juice	**12** ETFB 4 Pepperoni Stick Smoked Gouda Cup Cheeze-it Crackers Fruit Cup Veg. Juice	**13** ETFB 5 Chocolate Sun Butter Chocolate Sun Butter Graham Crackers Dried Fruit Veg. Juice
16 ETFB 1 Yogurt Sunflower Seeds Cereal Dried Fruit Veg. Juice	**17** ETFB 2 Bean Dip Mozzarella Plank Savory Crackers Fruit Cup Veg. Juice	**18** ETFB 3 Sun Butter Sun Butter Graham Crackers Applesauce Veg. Juice	**19** ETFB 4 Pepperoni Stick Smoked Gouda Cup Cheeze-it Crackers Fruit Cup Veg. Juice	**20** ETFB 5 Chocolate Sun Butter Chocolate Sun Butter Graham Crackers Dried Fruit Veg. Juice
23 ETFB 1 Yogurt Sunflower Seeds Cereal Dried Fruit Veg. Juice	**24** ETFB 2 Bean Dip Mozzarella Plank Savory Crackers Fruit Cup Veg. Juice	**25** ETFB 3 Sun Butter Sun Butter Graham Crackers Applesauce Veg. Juice	**26** Holiday 	**27** Holiday 
30 ETFB 1 Yogurt Sunflower Seeds Cereal Dried Fruit Veg. Juice				

FARM FRESH
TEXAS DEPARTMENT OF AGRICULTURE

Announcements

1. When was the first Thanksgiving celebrated?
2. Which Native American helped teach the Pilgrims to farm?
3. Which US President made Thanksgiving a National Holiday?
4. What is the red flesh on a turkey's chin called?
5. What is the most popular side dish at Thanksgiving?



1. 1621
2. Squanto
3. Abraham Lincoln
4. A Wattle
5. Mashed Potatoes

square meals www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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