

November 2025

East Texas Food Bank

Monday	Tuesday	Wednesday	Thursday	Friday
3 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Stick Peach Cup Orange Melody Juice	4 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	5 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	6 Meal 4/FFG-V6 Bean Dip Cheese Stick Peach Cup Cheez It Crackers Paradise Punch	7 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
10 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Stick Peach Cup Orange Melody Juice	11 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	12 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	13 Meal 4/FFG-V6 Dip Cheese Stick Peach Cup Cheez It Crackers Paradise Punch	14 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
17 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Stick Peach Cup Orange Melody Juice	18 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	19 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	20 Meal 4/FFG-V6 Dip Cheese Stick Peach Cup Cheez It Crackers Paradise Punch	21 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
24 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Stick Peach Cup Orange Melody Juice	25 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	26 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	27 Meal 4/FFG-V6 Thanksgiving Holiday	28 Meal 5/61447 Thanksgiving Holiday



Announcements

Thanksgiving Trivia ☺

1. When was the first Thanksgiving celebrated?
2. Which Native American helped teach the Pilgrims to farm?
3. Which US President made Thanksgiving a National Holiday?
4. What is the red flesh on a turkey's chin called?
5. What is the most popular side dish at Thanksgiving?
6. What happens at the end of Thanksgiving parades?



1621, Squanto, Abraham Lincoln, a wattle, mashed potatoes, Santa arrives, and Christmas season begins!



www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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