

September 2025

East Texas Food Bank

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	3 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	4 Meal 4/FFG-V6 Bean Dip Veggie Crunch Mandarin Oranges Cup Cheez It Crackers Paradise Punch	5 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
8 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Cup Peach Cup Orange Melody Juice	9 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	10 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	11 Meal 4/FFG-V6 Bean Dip Veggie Crunch Mandarin Oranges Cup Cheez It Crackers Paradise Punch	12 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
15 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Cup Peach Cup Orange Melody Juice	16 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	17 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	18 Meal 4/FFG-V6 Bean Dip Veggie Crunch Mandarin Oranges Cup Cheez It Crackers Paradise Punch	19 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
22 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Cup Peach Cup Orange Melody Juice	23 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice	24 Meal 3/61404 Turkey Stick Sunflower Kernels Applesauce Mini Grahams Vegetable Juice	25 Meal 4/FFG-V6 Bean Dip Veggie Crunch Mandarin Oranges Cup Cheez It Crackers Paradise Punch	26 Meal 5/61447 Chocolate Spread Sunflower Kernels Applesauce Strawberry Bites Veg. Juice
29 Meal 1/FFG-V2 BBQ Chicken Bites Cheese Cup Peach Cup Orange Melody Juice	30 Meal 2/61449 Yogurt Sunflower Kernels Craisins Cin. Toast Crunch Cereal Veg. Juice			



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Announcements

September 1st



www.SquareMeals.org



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