



# May 2025 | East Texas Food Bank



## Announcements:

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Blueberries</b></p> <p>Season in Texas: May - July</p> <p>Did you know?</p> <p>One blueberry bush can grow up to 6,000 berries every year</p> 			<p><b>1 Meal 4</b></p> <ul style="list-style-type: none"> <li>Bean Dip</li> <li>Cheese Plank</li> <li>Cheez-Its</li> <li>Mandarin Oranges</li> <li>Orange Melody Juice</li> <li>Milk</li> </ul>	<p><b>2 Meal 5</b></p> <ul style="list-style-type: none"> <li>Apple Cinn. Butter</li> <li>Sunflower Kernels</li> <li>WG Van. Bear Grahams</li> <li>Apple Crisp</li> <li>Churro Fava Beans</li> <li>Milk-+</li> </ul>
<p><b>5 Meal 1</b></p> <ul style="list-style-type: none"> <li>Wow Butter</li> <li>Sunflower Kernels</li> <li>Tropical Twist Juice</li> <li>Applesauce</li> <li>Teddy Grahams</li> <li>Milk</li> </ul>	<p><b>6 Meal 2</b></p> <ul style="list-style-type: none"> <li>Yogurt</li> <li>Sunflower Kernels</li> <li>Teddy Grahams</li> <li>Raisins</li> <li>Juice</li> <li>Milk</li> </ul>	<p><b>7 Meal 3</b></p> <ul style="list-style-type: none"> <li>Jalapeno Plank</li> <li>Sunflower Kernels</li> <li>Paradise Punch Juice</li> <li>Coco Crisp</li> <li>Dried Fruit</li> <li>Milk</li> </ul>	<p><b>8 Meal 4</b></p> <ul style="list-style-type: none"> <li>Bean Dip</li> <li>Cheese Plank</li> <li>Cheez-Its</li> <li>Mandarin Oranges</li> <li>Orange Melody Juice</li> <li>Milk</li> </ul>	<p><b>9 Meal 5</b></p> <ul style="list-style-type: none"> <li>Apple Cinn. Butter</li> <li>Sunflower Kernels</li> <li>WG Van. Bear Grahams</li> <li>Apple Crisp</li> <li>Churro Fava Beans</li> <li>Milk-+</li> </ul>
<p><b>12 Meal 1</b></p> <ul style="list-style-type: none"> <li>Wow Butter</li> <li>Sunflower Kernels</li> <li>Tropical Twist Juice</li> <li>Applesauce</li> <li>Teddy Grahams</li> <li>Milk</li> </ul>	<p><b>13 Meal 2</b></p> <ul style="list-style-type: none"> <li>Yogurt</li> <li>Sunflower Kernels</li> <li>Teddy Grahams</li> <li>Raisins</li> <li>Juice</li> <li>Milk</li> </ul>	<p><b>14 Meal 3</b></p> <ul style="list-style-type: none"> <li>Jalapeno Plank</li> <li>Sunflower Kernels</li> <li>Paradise Punch Juice</li> <li>Coco Crisp</li> <li>Dried Fruit</li> <li>Milk</li> </ul>	<p><b>15 Meal 4</b></p> <ul style="list-style-type: none"> <li>Bean Dip</li> <li>Cheese Plank</li> <li>Cheez-Its</li> <li>Mandarin Oranges</li> <li>Orange Melody Juice</li> <li>Milk</li> </ul>	<p><b>16 Meal 5</b></p> <ul style="list-style-type: none"> <li>Apple Cinn. Butter</li> <li>Sunflower Kernels</li> <li>WG Van. Bear Grahams</li> <li>Apple Crisp</li> <li>Churro Fava Beans</li> <li>Milk-+</li> </ul>
<p><b>19 Meal 1</b></p> <ul style="list-style-type: none"> <li>Wow Butter</li> <li>Sunflower Kernels</li> <li>Tropical Twist Juice</li> <li>Applesauce</li> <li>Teddy Grahams</li> <li>Milk</li> </ul>	<p><b>20 Meal 2</b></p> <ul style="list-style-type: none"> <li>Yogurt</li> <li>Sunflower Kernels</li> <li>Teddy Grahams</li> <li>Raisins</li> <li>Juice</li> <li>Milk</li> </ul>	<p><b>21 Meal 3</b></p> <ul style="list-style-type: none"> <li>Jalapeno Plank</li> <li>Sunflower Kernels</li> <li>Paradise Punch Juice</li> <li>Coco Crisp</li> <li>Dried Fruit</li> <li>Milk</li> </ul>	<p><b>22 Meal 4</b></p> <ul style="list-style-type: none"> <li>Bean Dip</li> <li>Cheese Plank</li> <li>Cheez-Its</li> <li>Mandarin Oranges</li> <li>Orange Melody Juice</li> <li>Milk</li> </ul>	<p><b>23 Meal 5</b></p> <ul style="list-style-type: none"> <li>Apple Cinn. Butter</li> <li>Sunflower Kernels</li> <li>WG Van. Bear Grahams</li> <li>Apple Crisp</li> <li>Churro Fava Beans</li> <li>Milk-+</li> </ul>
<p><b>26</b></p> <p>Memorial Day</p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
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 National School Lunch Program