



# March 2025 | East Texas Food Bank



## Announcements:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Meal 1</b> Wow Butter Sunflower Kernels Tropical Twist Juice Applesauce Teddy Grahams Milk	<b>4 Meal 2</b> Yogurt Sunflower Kernels Teddy Grahams Raisins Juice Milk	<b>5 Meal 3</b> Jalapeno Plank Sunflower Kernels Paradise Punch Juice Coco Crisp Dried Fruit Milk	<b>6 Meal 4</b> Bean Dip Cheese Plank Cheez-Its Mandarin Oranges Orange Melody Juice Milk	<b>7 Meal 5</b> Apple Cinn. Butter Sunflower Kernels WG Van. Bear Grahams Apple Crisp Churro Fava Beans Milk-+
<b>10 Meal 1</b> Wow Butter Sunflower Kernels Tropical Twist Juice Applesauce Teddy Grahams Milk	<b>11 Meal 2</b> Yogurt Sunflower Kernels Teddy Grahams Raisins Juice Milk	<b>12 Meal 3</b> Jalapeno Plank Sunflower Kernels Paradise Punch Juice Coco Crisp Dried Fruit Milk	<b>13 Meal 4</b> Bean Dip Cheese Plank Cheez-Its Mandarin Oranges Orange Melody Juice Milk	<b>14 Meal 5</b> Apple Cinn. Butter Sunflower Kernels WG Van. Bear Grahams Apple Crisp Churro Fava Beans Milk-+
<b>17 Meal 1</b> Wow Butter Sunflower Kernels Tropical Twist Juice Applesauce Teddy Grahams Milk	<b>18 Meal 2</b> Yogurt Sunflower Kernels Teddy Grahams Raisins Juice Milk	<b>19 Meal 3</b> Jalapeno Plank Sunflower Kernels Paradise Punch Juice Coco Crisp Dried Fruit Milk	<b>20 Meal 4</b> Bean Dip Cheese Plank Cheez-Its Mandarin Oranges Orange Melody Juice Milk	<b>21 Meal 5</b> Apple Cinn. Butter Sunflower Kernels WG Van. Bear Grahams Apple Crisp Churro Fava Beans Milk-+
<b>24 Meal 1</b> Wow Butter Sunflower Kernels Tropical Twist Juice Applesauce Teddy Grahams Milk	<b>25 Meal 2</b> Yogurt Sunflower Kernels Teddy Grahams Raisins Juice Milk	<b>26 Meal 3</b> Jalapeno Plank Sunflower Kernels Paradise Punch Juice Coco Crisp Dried Fruit Milk	<b>27 Meal 4</b> Bean Dip Cheese Plank Cheez-Its Mandarin Oranges Orange Melody Juice Milk	<b>28 Meal 5</b> Apple Cinn. Butter Sunflower Kernels WG Van. Bear Grahams Apple Crisp Churro Fava Beans Milk-+
<b>31 Meal 1</b> Wow Butter Sunflower Kernels Tropical Twist Juice Applesauce Teddy Grahams Milk	 <div style="text-align: center;">  <p><b>Asparagus</b>                      Season in Texas: March - April                      Did you know?                      It takes three years to pick fully-grown asparagus from the time you plant the seed</p> </div>			



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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 National School Lunch Program