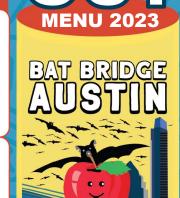
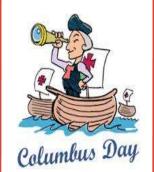
## **East Texas Food Bank**

## **FRIDAY** MONDAY TUESDAY THURSDAY WEDNESDAY $3^{RD}$ $2^{ND}$ 6<sup>TH</sup> Meal 5 Meal 1 Meal 2 **⊿**TH Meal 3 5<sup>TH</sup> Meal 4 & Meal 5 Bean Dip Chicken Salad **Wow Butter** Yogurt Mozzarella Cheese Sunflower Kernels **Sunflower Kernels** Sunflower Kernels Sunflower Kernels Cheez It **Tropical Twist Juice** Wango Mango Juice Marinara Sauce Chips Sunflower Kernels Sunset Sip Juice Paradise Punch Paradise Punch **Applesauce** Applesauce **Chocolate Grahams** Pizza Crackers Pretzel **Amazin Raisins Amazin Raisins** 10<sup>TH</sup> 13<sup>TH</sup> Meal 1 & Meal 5 Meal 2 11<sup>TH</sup> 12<sup>TH</sup> Meal 4 Meal 5 Meal 3 Bean Dip Yogurt Mozzarella Cheese Chicken Salad Wow Butter **Sunflower Kernels** Sunflower Kernels Sunflower Kernels Sunflower Kernels Cheez It **Tropical Twist Juice** Wango Mango Juice Marinara Sauce Chips Sunflower Kernels Applesauce Paradise Punch **Applesauce** Sunset Sip Juice Paradise Punch Pretzel Chocolate Grahams Pizza Crackers Amazin Raisins **Amazin Raisins** 19<sup>TH</sup> 16<sup>TH</sup> Meal 1 17<sup>TH</sup> Meal 5 18<sup>TH</sup> Meal 4 20<sup>TH</sup> Meal 2 Meal 3 Mozzarella Cheese Chicken Salad Wow Butter Yogurt Bean Dip Sunflower Kernels Sunflower Kernels Sunflower Kernels Sunflower Kernels Cheez It Tropical Twist Juice Wango Mango Juice Marinara Sauce Chips Sunflower Kernels **Applesauce Applesauce** Sunset Sip Juice Paradise Punch Paradise Punch Pretzel Chocolate Grahams Pizza Crackers Amazin Raisins **Amazin Raisins** $23^{RD}$ Meal 1 24<sup>TH</sup> Meal 2 $25^{TH}$ Meal 3 26<sup>TH</sup> Meal 4 $27^{TH}$ Meal 5 Mozzarella Cheese Wow Butter Yogurt Bean Dip Chicken Salad Sunflower Kernels Sunflower Kernels Sunflower Kernels Sunflower Kernels Cheez It Wango Mango Juice Chips Sunflower Kernels Tropical Twist Juice Marinara Sauce **Applesauce Applesauce** Paradise Punch Paradise Punch Sunset Sip Juice Pretzel Chocolate Grahams Pizza Crackers Amazin Raisins **Amazin Raisins** Meal 1 31<sup>St</sup> 30<sup>TH</sup> Meal 2 **Wow Butter** Yogurt **Sunflower Kernels** Sunflower Kernels







October 9, 2023



Pretzel

**Applesauce** 

**Tropical Twist Juice** 





Wango Mango Juice

**Chocolate Grahams** 

**Applesauce**