



Help Covering the Cost of Medicare

The Medicare Savings Programs (MSP) may help pay Medicare premiums, deductibles, and coinsurance amounts for eligible Medicare beneficiaries. The Qualified Medicare Beneficiary (QMB) program, the Specified Low-Income Medicare Beneficiary (SLMB) program, the Qualified Individuals (QI-1) and the Qualified Disabled Working Individual (QDWI) program are all called Medicare Savings Programs.

**2023 Income/Resource Eligibility Requirements**

Program	Gross Monthly Income Limit*		Countable Resource Limit*	
	Individual	Couple	Individual	Couple
QMB	\$1,235	\$1,663	\$9,090	\$13,630
SLMB	\$1,478	\$1,992	\$9,090	\$13,630
QI-1	\$1,660	\$2,239	\$9,090	\$13,630
QDWI	\$4,945	\$6,659	\$4,000	\$6,000

\*Note: Income limits may change annually. For more information, visit <https://www.medicare.gov/your-medicare-costs/help-paying-costs/medicare-savings-program/medicare-savings-programs.html>

**Resources**

The following items do not count toward the resource limit:

- homestead lived in by the applicant or the applicant’s spouse regardless of size or value
- vehicle used to get to work or needed to get to medical care (if not, the first \$4,500 in value can be excluded)
- household possessions and clothing
- \$1,500 face value whole life insurance; burial items already paid for (plot, casket, grave markers).

**Benefits**

- **QMB:** Payment of all Medicare premiums, coinsurance, and deductibles the Medicare enrollee would otherwise have to pay
- **SLMB:** Payment of the Medicare Part B premium
- **QI-1:** Payment of the Medicare Part B premium
- **QDWI:** Payment of Part A premiums only

If you would like help applying for the Medicare Saving Programs and other benefits such as SNAP, Medicaid or TANF, please contact a Client Benefits Specialist at the East Texas Food Bank.

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*Or click on the Benefits Assistance link at the top of our webpage*

[www.easttexasfoodbank.org](http://www.easttexasfoodbank.org)

*This institution is an equal opportunity provider*