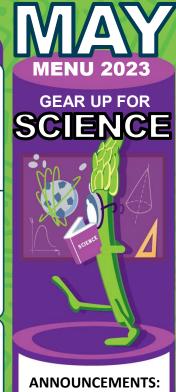
## **East Texas Food Bank**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <sup>ST</sup> <b>Meal 1</b> Yogurt Sunflower Kernels Cereal Applesauce Milk and Juice	2 <sup>ND</sup> <b>Meal 2</b> Cheese Stick Sunflower Kernels Coco Crisp Bites Fruit Barrel Milk and Juice	3 <sup>RD</sup> <b>Meal 3</b> Bean Dip and Chips Sunflower Kernels Salsa Cup Applesauce Milk and Juice	4 <sup>TH</sup> <b>Meal 61445/4</b> Beef Stick Sunflower Kernels Cheez-It Raisins Milk and Juice	5 <sup>TH</sup> <b>Meal 5/ 61435</b> BBQ Chicken Bites Sunflower Kernels Cheez-Its Raisins Milk and Juice
8 <sup>TH</sup> <b>Meal 1</b> Yogurt Sunflower Kernels Cereal Applesauce Milk and Juice	9 <sup>TH</sup> <b>Meal 2</b> Cheese Stick Sunflower Kernels Coco Crisp Bites Fruit Barrel Milk and Juice	10 <sup>TH</sup> <b>Meal 3</b> Bean Dip and Chips Sunflower Kernels Salsa Cup Applesauce Milk and Juice	11 <sup>TH</sup> <b>Meal 61445/4</b> Beef Stick Sunflower Kernels Cheez-It Raisins Milk and Juice	12 <sup>TH</sup> <b>Meal 5/ 61435</b> BBQ Chicken Bites Sunflower Kernels Cheez-Its Raisins Milk and Juice
15 <sup>TH</sup> <b>Meal 1</b> Yogurt Sunflower Kernels Cereal Applesauce Milk and Juice	16 <sup>TH</sup> Meal 3 Bean Dip and Chips Sunflower Kernels Salsa Cup Applesauce Milk and Juice	17 <sup>TH</sup> <b>Meal 3</b> Bean Dip and Chips Sunflower Kernels Salsa Cup Applesauce Milk and Juice	18 <sup>TH</sup> <b>Meal 61445/4</b> Beef Stick Sunflower Kernels Cheez-It Raisins Milk and Juice	19 <sup>TH</sup> Meal 5/ 61435 BBQ Chicken Bites Sunflower Kernels Cheez-Its Raisins Milk and Juice
22 <sup>ND</sup> <b>Meal 1</b> Yogurt Sunflower Kernels Cereal Applesauce Milk and Juice	23 <sup>RD</sup> <b>Meal 3</b> Bean Dip and Chips Sunflower Kernels Salsa Cup Applesauce Milk and Juice	24 <sup>TH</sup> <b>Meal 3</b> Bean Dip and Chips Sunflower Kernels Salsa Cup Applesauce Milk and Juice	25 <sup>TH</sup> <b>Meal 61445/4</b> Beef Stick Sunflower Kernels Cheez-It Raisins Milk and Juice	26 <sup>TH</sup> Meal 5/ 61435 BBQ Chicken Bites Sunflower Kernels Cheez-Its Raisins Milk and Juice
29 <sup>TH</sup>	30 <sup>TH</sup>	31 <sup>ST</sup>	7.2016/18	



• TBD



