



JANUARY

2021



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Special Announcements:

Meal 5
Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

1.

Meal 1
Wow Butter w/ Jelly
Graham Crackers
Pineapples
Cheez-its
Juice
Milk

4.

Meal 2
Jalapeno Cheese w/ Meat Stick
Goldfish
Applesauce
Juice
Milk

5.

Meal 3
Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

6.

Meal 4
Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

7.

Meal 5
Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

8.

Meal 1
Wow Butter w/ Jelly
Graham Crackers
Pineapples
Cheez-its
Juice
Milk

11.

Meal 2
Jalapeno Cheese w/ Meat Stick
Goldfish
Applesauce
Juice
Milk

12.

Meal 3
Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

13.

Meal 4
Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

14.

Meal 5
Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

15.

Martin Luther King Jr. Day

18.

Meal 2
Jalapeno Cheese w/ Meat Stick
Goldfish
Applesauce
Juice
Milk

19.

Meal 3
Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

20.

Meal 4
Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

21.

Meal 5
Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

22.

Meal 1
Wow Butter w/ Jelly
Graham Crackers
Pineapples
Cheez-its
Juice
Milk

25.

Meal 2
Jalapeno Cheese w/ Meat Stick
Goldfish
Applesauce
Juice
Milk

26.

Meal 3
Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

27.

Meal 4
Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

28.

Meal 5
Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

29.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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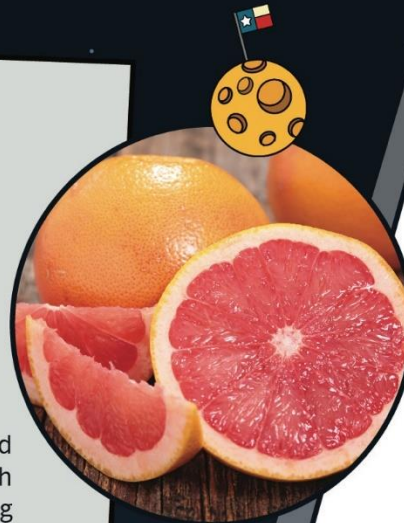


Stars are giant balls of superhot gas. Explosions in their centers create the bright light that we see. Did you know that our sun is a star? The star closest to earth is the sun. It takes about 8 minutes for light to travel from the sun to the Earth, so it is about 8 light minutes away. It takes 4.2 years for light from the next closest star, Proxima Centauri, to travel to Earth. It is 4.2 light years away. When you see the sun, you are seeing what it looked like 8 minutes ago and you see what Proxima Centauri looked like 4.2 years ago.

DID YOU KNOW?

Red grapefruit is the state fruit of Texas. In 1929 Texas citrus growers discovered a special grapefruit with a red color inside. Red grapefruit became the Official State Fruit of Texas in 1993.

Many people think the red grapefruits taste sweeter. Grapefruits got their name from growing in bunches like grapes. The Texas red grapefruit is high in vitamins A and C, which means eating a Texas red grapefruit or drinking its juice, is good for the eyes and skin, and strengthens the body's immune system.

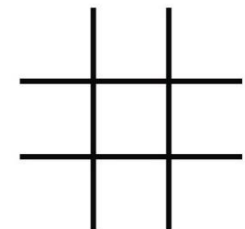
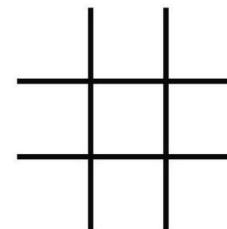
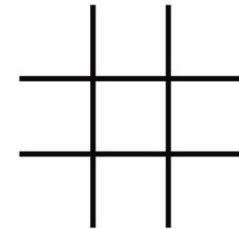
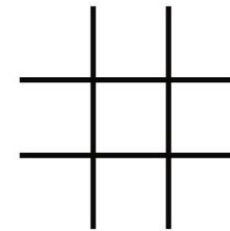
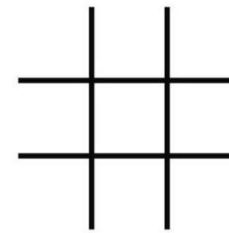


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