



Fighting Hunger and Feeding Hope.

2019 Annual Report

NOTE FROM DENNIS

Dear Partners and Friends,

Wow! 2019 was a watershed year for the East Texas Food Bank. Thanks to our generous donors, community partners, volunteers and hard-working staff, we had an amazing year and distributed enough fresh produce and healthy items to provide 21.3 million meals for our community. I know for a fact the meals that your generosity provides changes the lives of our 1 in 5 East Texas neighbors who are facing hunger today.

We also completed and opened the doors to our beautiful new Volunteer and Nutrition Education Center. The East Texas Food Bank facilities have been such a blessing over the years, but our needs continue to evolve. Our new 14-thousand square foot addition and ancillary upgrades to our production facilities will make serving our pantries and clients safer, more inviting and efficient. (Learn more and see the new addition on pages 6-7!) Our team of nutritionists also have a new teaching kitchen and classroom to enable better health outcomes from the healthy meals that we provide our clients. We are blessed and simply cannot thank our donors, volunteers, partners and staff enough.

Though economic times have gotten better, it is unacceptable that more than 240,000 of our East Texas neighbors (1 out of every 4 children!) struggle to put meals on their tables. There are many causes to support, but we believe that providing nutritious food is the foundation to building a strong community.

Thank you for your support and thank you for joining our mission of fighting hunger and feeding hope in East Texas.

Kindest Regards,



Dennis



2019 BOARD OF DIRECTORS

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Retired, Brookshire Brothers

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amaGoh Smoothie

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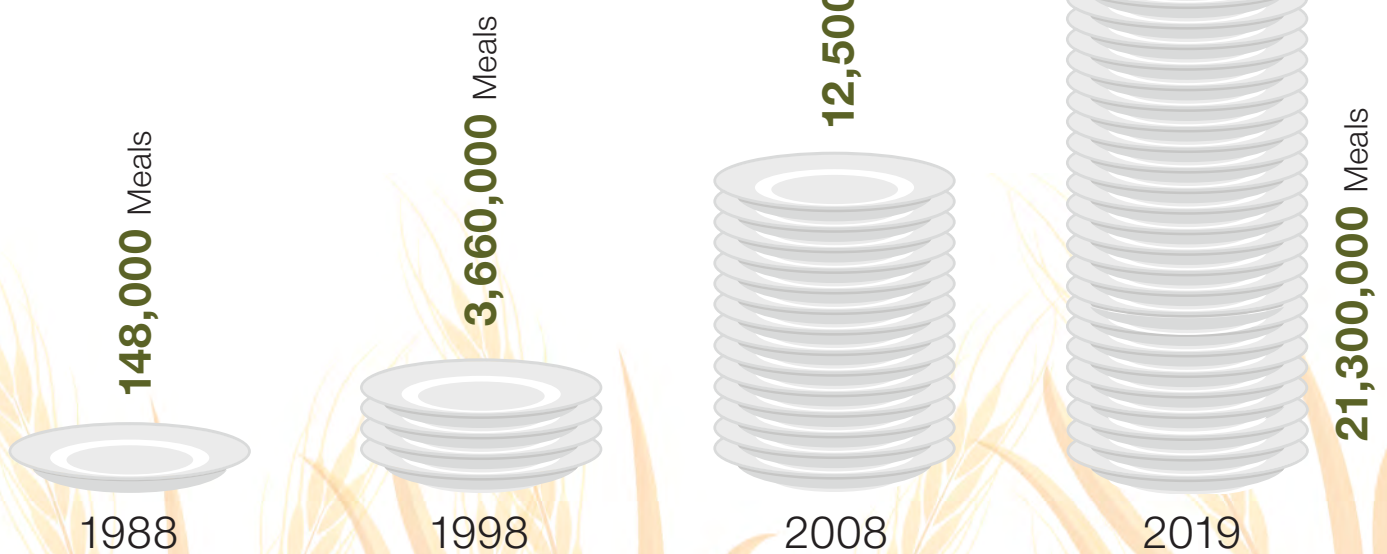
Michael Stevens,
Immediate Past Chair
Michael W. Stevens, CPA

Howard Tagg
Law Office of Howard Tagg

FILLING THE MEAL GAP

For 30 years, the East Texas Food Bank has been fighting hunger and feeding hope in East Texas. As we celebrate the opening of our Volunteer & Nutrition Education Center in our history, we recognize this would not be possible without the generosity and support of countless donors, volunteers and staff. Although we have made great strides in the fight against hunger, there is still much work left to be done in meeting the remaining 19.8 million meal gap.*

The East Texas Food Bank is committed to working tirelessly and compassionately to help fill this meal gap as we pursue our ultimate vision of a hunger-free East Texas. As long as there is one hungry person in East Texas, our doors will open to serve them.



* Feeding America
Map the Meal Gap 2017



HUNGER FACTS

ETFB PROVIDED
21.3 million meals
PROVIDED TO HUNGRY CHILDREN,
FAMILIES AND SENIORS

23,347,641
GROSS POUNDS DISTRIBUTED

8,538,493
PRODUCE POUNDS DISTRIBUTED

57%
PERCENT "FOODS TO ENCOURAGE"
DISTRIBUTED

26
COUNTIES
200+
PARTNER AGENCIES AND FOOD PROGRAMS

20,000
SQUARE MILES COVERED

APPROXIMATELY
80,000
HOUSEHOLDS SERVED

4,600
SENIORS RECEIVED ADDITIONAL
RELIEF SERVICES THROUGH
MONTHLY SENIOR BOXES

2,500
PEOPLE ATTENDED
NUTRITION CLASSES AND DEMONSTRATIONS

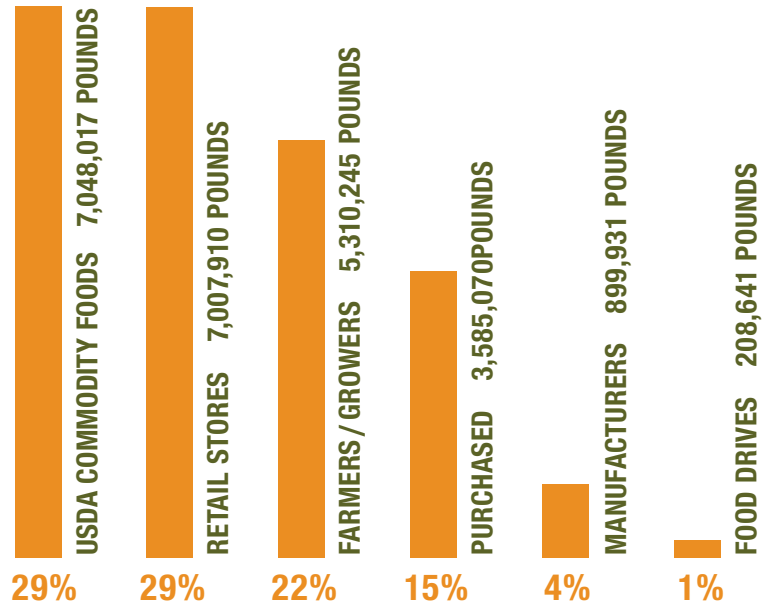
2,000
INDIVIDUALS WERE ASSISTED WITH
BENEFITS APPLICATIONS

DURING FY2019,
15,870
VOLUNTEER SHIFTS SERVED

44,766
HOURS, SAVING A DIRECT
LABOR COST EXPENSE OF
\$1,138,399!



SOURCES OF FOOD



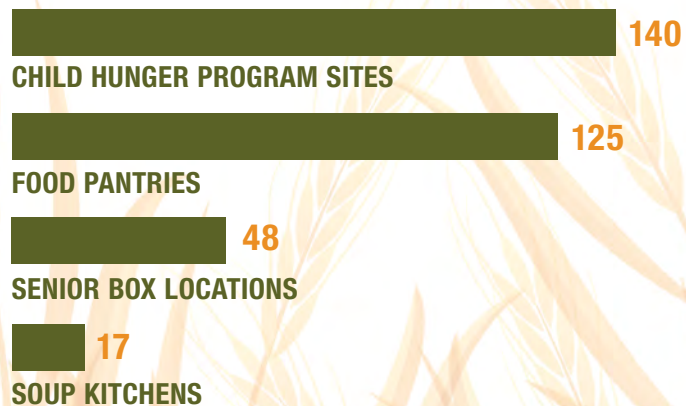
MEALS PROVIDED



PARTNER AGENCIES

The East Texas Food Bank supplies food to such nonprofit organizations as food pantries, senior centers, shelters, after-school programs, soup kitchens, low-income day care centers and others.

Our 200+ partner agencies and feeding programs then serve these foods to individuals who come to them for help.





WHO WE ARE

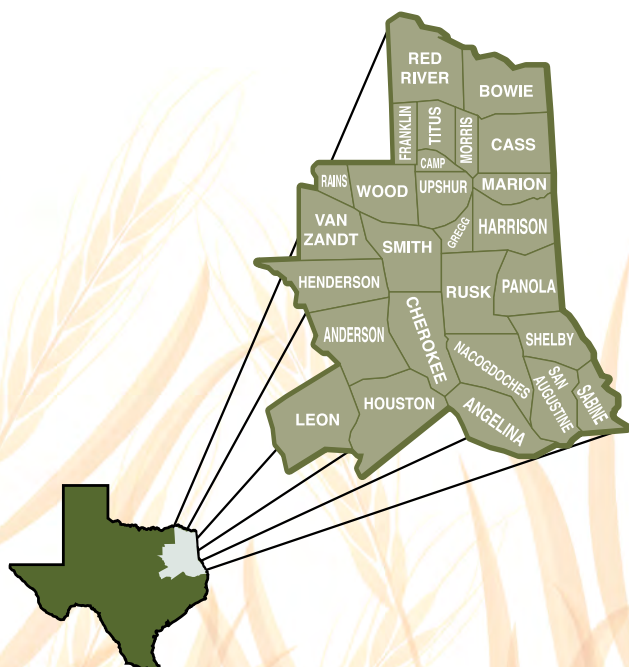
OUR HISTORY

The East Texas Food Bank (ETFB) exists to fight hunger and feed hope in East Texas, and since 1988, we have been pursuing our vision of a hunger-free East Texas. ETFB was created by a group of community leaders in Tyler, including those from United Way, food and grocery businesses, municipal government, and volunteer and civic clubs. At the time, East Texas did not have an established network to provide an adequate supply of nutritious food to people in need. After almost two years of study and planning, in 1988, ETFB began serving the needy in ten counties.

WHO WE HELP

Many people think of hunger as something that only happens on the other side of the world, but hunger is a threat to thousands of children, families and seniors right here in East Texas!

According to Feeding America, more than 1 in 5 East Texans and 1 in 4 children are at risk of hunger. Many of those who struggle with hunger are hard-working people who have either lost their jobs, or simply can't make enough money to feed their families. Many are senior citizens on a fixed income, who are forced to choose between buying food and paying for utilities or medicine. And many are children who don't always know where their next meal is coming from. Hunger is certainly a pervasive problem in East Texas, but thankfully, that isn't the whole story. We believe that hunger has a solution!





HOW WE HELP

For over 30 years, ETFB has served as a regional clearinghouse for donated and purchased food, which is collected from retail stores, manufacturers, wholesalers, farmers, restaurants, individuals, food drives, and other sources. We distribute this food to a network of more than 200 partner agencies and feeding programs, located across 26 counties, and spanning an area of nearly 20,000 square miles. (These food pantries, soup kitchens, emergency shelters, and other nonprofits serve this food at no cost to those in need.) We also operate other successful anti-hunger programs, including child hunger programs, such as the Backpack Program, Summer Food Program, Kids Cafe and Afterschool Snack Program; senior hunger program such as the Senior Box Program; Nutrition Education Programs including Cooking Matters® and Partners in Health; and our Benefits Assistance Program.

PARTNER AGENCIES

Churches, shelters, food pantries, and soup kitchens helped in providing more than **21.3 million meals** to East Texans throughout our 26-county service area.

FRESH PRODUCE PROGRAM

In FY2019, the East Texas Food Bank sourced and distributed over **8.5 million pounds** of fresh, nutritious fruits and vegetables to the people served in our 26-county service area.

CHILD HUNGER PROGRAMS

Worked to provide over **834,000 meals** for **16,000+ hungry children** in East Texas through our Backpack, Afterschool Snack, Kids Cafe,® and Summer Food Programs.

SENIOR BOX PROGRAM

Provided boxes of groceries each month to seniors living on a fixed income, and at risk of hunger. We distributed supplemental food to **4,600 seniors** through this program.

NUTRITION EDUCATION PROGRAM

Households at risk of hunger can be caught in a vicious cycle connecting poverty, poor health, and food insecurity. In FY2019, The Nutrition Education Team delivered direct education to **2,500 individuals** through Cooking Matters classes, workshops, food demonstrations and health fairs. Our nutritionists created and distributed approximately **9,000 nutrition education flyers** through backpack, and senior box distributions. They also promoted the development of healthier pantries by offering more nutritious foods and teaching clients the importance of making healthy food choices.

Partners in Health Program is an innovative partnership with local healthcare providers to impact food-insecure patients at their place of healthcare by providing healthy foods paired with nutrition education.

BENEFITS ASSISTANCE PROGRAM

Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to approximately **200,000 low-income children, families, and seniors** in our service area. Through this program, we assisted over **2,000 individuals** submit SNAP, Medicaid and WIC applications in FY2019, resulting in **1.9 million** meals.



OUR VOLUNTEERS

The East Texas Food Bank, located in Tyler, very much relies on volunteers to help us with our mission. Over 15,000 volunteer shifts logged more than 44,000 hours in FY2019, helping us provide 21.3 million meals. Volunteers can help in a variety of ways and are always welcome during our volunteer hours.

Volunteer opportunities include: repacking rice, beans and pastas, helping pack boxes for our Backpack and Senior Box programs, inspecting and sorting food items and helping with administrative duties in the office.

The East Texas Food Bank's best work is only possible because of the dedication of thousands of people who together volunteer thousands of hours of their time.

15,870

Volunteer Shifts

44,766

Volunteer Hours Served

\$1,138,399

in saved labor costs
thanks to volunteers

Volunteers helped us provide
21.3 million meals



MORE SPACE.



Although ETFB has made great strides in the fight against hunger, the East Texas Food Bank knew there was still much work to be done. In order to meet the growing need in our service area effectively and efficiently, and expand our programs to include more services to our clients, it was essential to strategically expand our distribution warehouse.

That is why, in 2016, we launched “More Space. More Meals. Our Blueprint to Fight Hunger” – a multi-faceted capital expansion project. This campaign’s objectives were to increase distribution capacity, improve workplace safety, improve food safety, increase community engagement, and promote client empowerment. It was determined this could be accomplished through three major capital improvements to ETFB’s distribution warehouse:

- The construction of a new Volunteer Center.
- The expansion of the existing Cold Dock area.
- The construction of a Nutrition Education Kitchen and Classroom.



VOLUNTEER CENTER

Volunteers are vital to ETFB’s work and mission, with more than 10,000 individuals volunteering with us every year. However, volunteers often worked in various areas of our distribution warehouse without a dedicated Volunteer Center. The volunteer parking lot and entrance were on the opposite side of the warehouse from the Volunteer Center, requiring volunteers to pass the loading docks and walk through congested areas where warehouse employees operate forklifts and partner agencies pick up food orders. This created a safety hazard for our volunteers, and slowed daily operations. Additionally, there was limited space for large volunteer groups to repackage bulk items and assemble food boxes.



ETFB’s new Volunteer Center eliminates these safety hazards and improves warehouse workflow. The Volunteer Center includes a much larger, dedicated area for repackaging bulk products, and a large production floor for assembling kits and boxes for our targeted feeding programs. It also includes a Community Room, which can be used to host community groups or events, providing an opportunity to engage more people in ETFB’s work through mission-oriented messaging.

MORE MEALS.

COLD DOCK EXPANSION

The More Space. More Meals. project also included the expansion of the Cold Dock area of our warehouse. We added three new dock doors and expanded the refrigerated production area. This will facilitate more efficient processes, reducing congestion from rolling stock traffic lanes in the dry dock area. It will improve food safety by helping to preserve the cold chain for all refrigerated and frozen products, which will be weighed and sorted in the expanded Cold Dock area. We will also be able to sort pallets of fresh produce into smaller loads for agencies with less storage and distribution capacity, and create mixed produce pallets with a variety of items.

NUTRITION EDUCATION KITCHEN

ETFB's Nutrition Education Program promotes long-term solutions to hunger and poor nutrition by teaching clients to eat healthy on a limited budget. Our nutritionists teach classes using nationally recognized nutrition curricula such as Cooking Matters®, which includes lessons on nutrition, food safety, smart shopping, food budgeting, meal planning and other topics.

The brand new Nutrition Education Center includes dedicated office space for our nutritionists, as well as a meeting room with a demonstration kitchen, where they can provide classes to low-income East Texans on-site at ETFB.

WAREHOUSE RENOVATION

Previously, ETFB's warehouse did not have enough dedicated storage space for sorting and inspecting donated food items. Through the More Space. More Meals. project, we constructed a Donated Product Receiving Area, where donated food items can be temporarily stored and sorted. This will help ensure proper food safety procedures, and will contribute to greater organizational efficiency. We have also installed new pallet flow racking, which ensures a "first-in, first-out" system for distribution.



The Volunteer and Nutrition Education Center enables the East Texas Food Bank to more effectively and efficiently pursue our mission of fighting hunger and feeding hope in East Texas. It also increases our overall distribution capacity, improves workplace safety, improves food safety, increases community engagement, and promotes client empowerment.



GET INVOLVED

GIVE TIME

Volunteers are a key part of operations at the East Texas Food Bank. We absolutely could not do it all without our volunteers! We welcome all volunteers and have a variety of opportunities for individuals, families and groups.

GIVE FOOD

The East Texas Food Bank welcomes food donations from our community members. Food drives are an excellent way for school groups, neighborhoods, corporations, churches, community groups and organizations to help us address the hunger issue in the 26 counties we serve. Food drives also help provide much needed protein items like canned tuna, other meats and peanut butter. We can make it easy for you to organize your food drive with signage, food barrels and pickup.

GIVE MONEY

Every \$1 you give helps provide up to 8 meals for East Texans in need. Make a difference today!

“THE TABLE” MONTHLY GIVING PROGRAM

Schedule a monthly gift to provide the support needed to each vulnerable East Texan year-round.

HONOR, REMEMBER OR CELEBRATE

Show your appreciation to someone in your life by making a gift to the East Texas Food Bank.

PLANNED GIVING

Show your commitment to hunger relief with a gift that reflects your values and meets your financial needs.

BE CREATIVE

From fundraising through your own personalized web page, the mail, or workplace giving; find the best way to give for you.

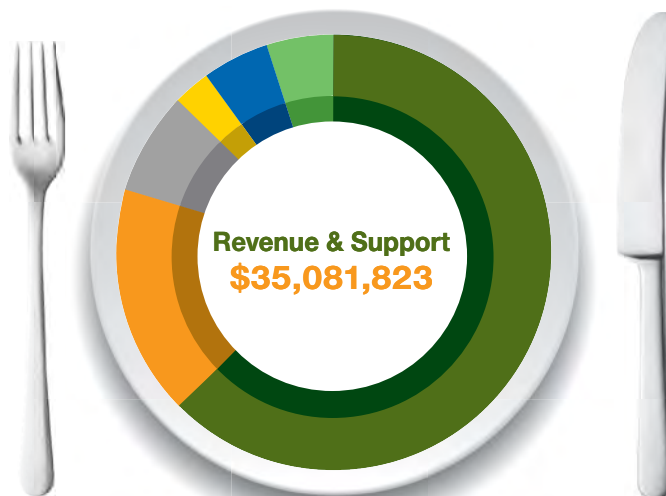
To get involved, visit EastTexasFoodBank.org or call us at 903.597.3663.

FY2019 FUNDING SOURCES

For the year ended June 30, 2019

REVENUE AND SUPPORT

■ Donated Food & Commodities	\$21,751,298
■ USDA Commodities	\$5,823,375
■ Contributions	\$2,638,505
■ Shared Maintenance	\$804,628
■ Purchased Food Recovery	\$1,970,567
■ Federal Grant Revenues	\$2,036,156
Other	\$57,294
Total Revenue and Support	\$35,081,823



EXPENSES

■ Program Services	\$34,390,508
■ Management & General	\$797,991
■ Fundraising	\$653,419
Total Expenses	\$35,841,918



96% of all support we receive, including financial donations, other revenue and donated food, go directly to helping feed hungry East Texans.

For the full financial report, go to EastTexasFoodBank.org.



Fighting Hunger.
Feeding Hope.

EastTexasFoodBank.org

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903.597.3663

FEEDING
AMERICA

FEEDING
TEXAS

