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	SF	IPTE	\mathbf{N}	BER		East Texas Food Ban	۱k		
	-	Meal 2 Jalapeno Cheese w/meat stick Goldfish Applesauce Sunflower Seeds	t	Neal 3 Cheddar Cheese Marinara Sauce Pizza Crackers		Meal 4 Gouda Cheese w/ meat stick Pineapples Cheez-its		Meal 5 Chicken Salad Ritz Crackers Applesauce	f
		Sunnower Seeds Juice Milk	1.	Sunflower Kernels Juice Milk	2.	Sunflower Kernels Juice Milk	3.	Educational Cookies Juice Milk	4.
Meal 1 Wow Butter w/jelly Graham Crackers Pineapple s Cheez-its Juice Milk	7.	Meal 2 Jalapeno Cheese w/meat stick Goldfish Applesauce Sunflower Seeds Juice Milk	8.	Meal 3 Cheddar Cheese Marinara Sauce Pizza Crackers Sunflower Kernels Juice Milk	9.	Meal 4 Gouda Cheese w/ meat stick Pineapples Cheez-its Sunflower Kernels Juice Milk	10.	Meal 5 Chicken Salad Ritz Crackers Applesauce Educational Cookies Juice Milk	11.
Meal 1 Wow Butter w/jelly Graham Crackers Pineapple s Cheez-its Juice Milk	14.	Meal 2 Jalapeno Cheese w/meat stick Goldfish Applesauce Sunflower Seeds Juice Milk	15.	Meal 3 Cheddar Cheese Marinara Sauce Pizza Crackers Sunflower Kernels Juice Milk	16.	Meal 4 Gouda Cheese w/ meat stick Pineapples Cheez-its Sunflower Kernels Juice Milk	17.	Meal 5 Chicken Salad Ritz Crackers Applesauce Educational Cookies Juice Milk	18.
Meal 1 Wow Butter w/jelly Graham Crackers Pineapple s Cheez-its Juice Milk	21.	Meal 2 Jalapeno Cheese w/meat stick Goldfish Applesauce Sunflower Seeds Juice Milk	22.	Meal 3 Cheddar Cheese Marinara Sauce Pizza Crackers Sunflower Kernels Juice Milk	23.	Meal 4 Gouda Cheese w/ meat stick Pineapples Cheez-its Sunflower Kernels Juice Milk	24.	Meal 5 Chicken Salad Ritz Crackers Applesauce Educational Cookies Juice Milk	25.
Meal 1 Wow Butter w/jelly Graham Crackers Pineapple s Cheez-its Juice Milk	28.	Meal 2 Jalapeno Cheese w/meat stick Goldfish Applesauce Sunflower Seeds Juice Milk	29.	Meal 3 Cheddar Cheese Marinara Sauce Pizza Crackers Sunflower Kernels Juice Milk	30.	Special Annour	ncement	s :	• •
Food and Nutrition	n Division		These	TEXAS DEPARTMENT OF AGR COMMISSIONER SID I This product was funded by	MILLER by USDA.			Updated 0	f 0 01/2020

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MARTIAN MELONS

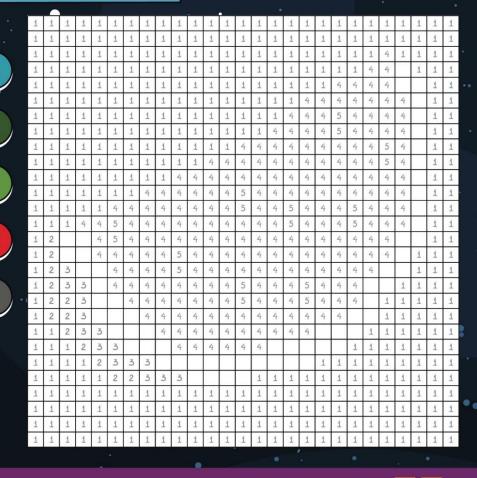
Mars is the fourth planet from the sun and it gets its name from a mythological figure the Roman god of war. Mars is sometimes called the Red Planet because of the brownish-red color of its surface. Of all the planets in our solar system (besides Earth), Mars is one of the planets most likely to support life. New space missions are planned for the next decade to increase our understanding of Mars. The science and technology developed through Mars exploration may someday allow humans to visit the Red Planet.

COLOR BY NUMBERS

DID YOU KNOW?

Watermelon has a smooth hard rind, usually green with dark green stripes or yellow spots. It also has a juicy, sweet inside that is deep red to pink, but sometimes orange, yellow, or white. The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt and watermelons are now grown in 96 countries worldwide.

Watermelons are mostly water — about 92% — and are a very good source of vitamin A and vitamin C. Vitamin C supports maintenance of collagen, protects against infection and helps in iron absorption. Watermelons also contain a high level of lycopene, which helps to protect against heart disease and cancer.



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