

SEPTEMBER

2020

East Texas Food Bank



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Meal 2

Jalapeno Cheese w/meat stick
Goldfish
Applesauce
Sunflower Seeds
Juice
Milk

1.

Meal 3

Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

2.

Meal 4

Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

3.

Meal 5

Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

4.

Meal 1

Wow Butter w/jelly
Graham Crackers
Pineapple s
Cheez-its
Juice
Milk

7.

Meal 2

Jalapeno Cheese w/meat stick
Goldfish
Applesauce
Sunflower Seeds
Juice
Milk

8.

Meal 3

Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

9.

Meal 4

Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

10.

Meal 5

Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

11.

Meal 1

Wow Butter w/jelly
Graham Crackers
Pineapple s
Cheez-its
Juice
Milk

14.

Meal 2

Jalapeno Cheese w/meat stick
Goldfish
Applesauce
Sunflower Seeds
Juice
Milk

15.

Meal 3

Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

16.

Meal 4

Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

17.

Meal 5

Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

18.

Meal 1

Wow Butter w/jelly
Graham Crackers
Pineapple s
Cheez-its
Juice
Milk

21.

Meal 2

Jalapeno Cheese w/meat stick
Goldfish
Applesauce
Sunflower Seeds
Juice
Milk

22.

Meal 3

Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

23.

Meal 4

Gouda Cheese w/ meat stick
Pineapples
Cheez-its
Sunflower Kernels
Juice
Milk

24.

Meal 5

Chicken Salad
Ritz Crackers
Applesauce
Educational Cookies
Juice
Milk

25.

Meal 1

Wow Butter w/jelly
Graham Crackers
Pineapple s
Cheez-its
Juice
Milk

28.

Meal 2

Jalapeno Cheese w/meat stick
Goldfish
Applesauce
Sunflower Seeds
Juice
Milk

29.

Meal 3

Cheddar Cheese
Marinara Sauce
Pizza Crackers
Sunflower Kernels
Juice
Milk

30.

Special Announcements:



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
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