

Supplemental Security Income (SSI) Benefits

The [Supplemental Security Income](#) (SSI) program pays benefits to disabled adults and [children](#) who have limited income and resources.

SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

People who have worked long enough may also be able to receive Social Security disability or retirement benefits as well as SSI. [Learn more about SSI...](#)

How Do I Apply for SSI:

If you would like to apply for SSI benefits for:

An adult with a disability

You can now file for Supplemental Security Income (SSI) online but only if you meet certain requirements. You are eligible to file online for SSI if you:

- Are between the ages of 18 and 65;
- Have never been married;
- Aren't blind;
- Are a U.S. citizen residing in one of the fifty states, District of Columbia, or the Northern Mariana Islands;
- Haven't applied for or received SSI benefits in the past; and
- Are applying for Social Security Disability Insurance at the same time as your SSI claim. Find out if you are eligible to receive [Social Security Disability Benefits](#).

Website: <https://secure.ssa.gov/iClaim/dib>

Once you finish the online process, a Social Security representative will contact you for any additional information needed for the applications.

You can also schedule an appointment with a local Social Security office to file an application. Call **1-800-772-1213** (TTY **1-800-325-0778**) from 7 a.m. to 7 p.m., Monday through Friday or [contact your local Social Security office](#).

Learn more and start the disability process at our [Disability Benefits](#) page.

Website: <https://www.ssa.gov/benefits/disability/>

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