

Senior & Need Food?

Thanks to a program at the **East Texas Food Bank**, senior citizens can receive a FREE box of food once a month through the (CSFP) Commodity Supplemental Food Program.

What is the Commodity and Supplemental Food Program or CSFP?

CSFP is a USDA sponsored food program designed to improve the health and nutrition of senior citizens. Participants receive a box of nutritious food each month.

Who is eligible? There are only three requirements: (1) **Age** – participants must be 60 years of age or older and (2) Meet the **Gross Household Income for all family members**, see chart below and (3) **Residency** – current rent, lease agreement, utility bill or piece of mail. In addition you will need to declare Total Household Gross Income for all family members including from the following (Social Security, SSI, Pay stub, pension and/or retirement).

Number in Household	Annual	Monthly	Weekly
1	\$16,588	\$1,383	\$319
2	\$22,412	\$1,868	\$431
3	\$28,236	\$2,353	\$543
4	\$34,060	\$2,839	\$655
5	\$39,884	\$3,324	\$767
6	\$45,708	\$3,809	\$879
7	\$51,532	\$4,295	\$991
8	\$57,356	\$4,780	\$1,103
Each Additional Family Member	\$5,834	\$486	\$112

If you have any additional questions, please contact:

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