



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

**SCHOOL
BREAKFAST
WEEK**
MARCH 2-6
SquareMeals.org/SBW

M	T	W	TH	F
Elf Grahams Fruit Punch 2	Cheez it Strawberry Kiwi Juice 3	Pizza Crackers Apple Juice 4	Goldfish Orange- Tangerine Juice 5	Educational Cookies Grape Juice 6
Honey Graham Toasters Fruit Punch 9	Animal Crackers Strawberry Kiwi Juice 10	Pretzels Apple Juice 11	Goldfish Orange- Tangerine Juice 12	Educational Cookies Grape Juice 13
Elf Grahams Fruit Punch 16	Cheez it Strawberry Kiwi Juice 17	Pizza Crackers Apple Juice 18	Goldfish Orange- Tangerine Juice 19	Educational Cookies Grape Juice 20
Honey Graham Toasters Fruit Punch 23	Animal Crackers Strawberry Kiwi Juice 24	Pretzels Apple Juice 25	Goldfish Orange- Tangerine Juice 26	Educational Cookies Grape Juice 27
Elf Grahams Fruit Punch 30	Cheez it Strawberry Kiwi Juice 31			

**GOOD
EATS AT**



**SPECIAL
ANNOUNCEMENTS**



The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



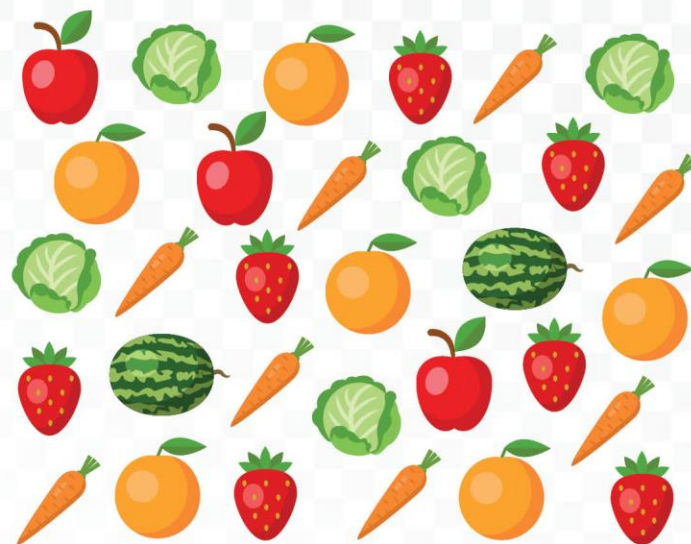
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

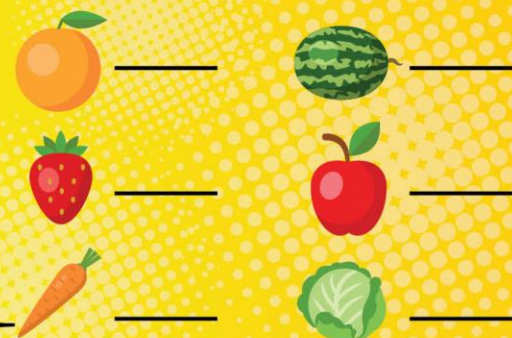
POWER BRAIN POWER









JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



- | | | | |
|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |