



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

**SCHOOL
BREAKFAST
WEEK**
MARCH 2-6
SquareMeals.org/SBW

M

Comida 1
Wow mantequilla con gelatina
Galletas graham
Piñas
Cheez-its
Jugo
Leche **2**

T

Comida 2
Queso Jalapeño con Palito de Carne
Pez de colores
Disparate
Semillas de girasol
Jugo
Leche **3**

W

Comida 3
Queso cheddar
Salsa marinara
Galletas De Pizza
Granos de girasol
Jugo
Leche **4**

TH

Comida 4
Queso Gouda con palo de carne
Piñas
Cheez-its
Granos de girasol
Jugo
Leche **5**

F

Comida 5
Ensalada de pollo
Galletas Ritz
Disparate
Cookies educativas
Jugo
Leche **6**

**GOOD
EATS AT**



Comida 1
Wow mantequilla con gelatina
Galletas graham
Piñas
Cheez-its
Jugo
Leche **9**

Comida 2
Queso Jalapeño con Palito de Carne
Pez de colores
Disparate
Semillas de girasol
Jugo
Leche **10**

Comida 3
Queso cheddar
Salsa marinara
Galletas De Pizza
Granos de girasol
Jugo
Leche **11**

Comida 4
Queso Gouda con palo de carne
Piñas
Cheez-its
Granos de girasol
Jugo
Leche **12**

Comida 5
Ensalada de pollo
Galletas Ritz
Disparate
Cookies educativas
Jugo
Leche **13**

Comida 1
Wow mantequilla con gelatina
Galletas graham
Piñas
Cheez-its
Jugo
Leche **16**

Comida 2
Queso Jalapeño con Palito de Carne
Pez de colores
Disparate
Semillas de girasol
Jugo
Leche **17**

Comida 3
Queso cheddar
Salsa marinara
Galletas De Pizza
Granos de girasol
Jugo
Leche **18**

Comida 4
Queso Gouda con palo de carne
Piñas
Cheez-its
Granos de girasol
Jugo
Leche **19**

Comida 5
Ensalada de pollo
Galletas Ritz
Disparate
Cookies educativas
Jugo
Leche **20**

Comida 1
Wow mantequilla con gelatina
Galletas graham
Piñas
Cheez-its
Jugo
Leche **23**

Comida 2
Queso Jalapeño con Palito de Carne
Pez de colores
Disparate
Semillas de girasol
Jugo
Leche **24**

Comida 3
Queso cheddar
Salsa marinara
Galletas De Pizza
Granos de girasol
Jugo
Leche **25**

Comida 4
Queso Gouda con palo de carne
Piñas
Cheez-its
Granos de girasol
Jugo
Leche **26**

Comida 5
Ensalada de pollo
Galletas Ritz
Disparate
Cookies educativas
Jugo
Leche **27**

Comida 1
Wow mantequilla con gelatina
Galletas graham
Piñas
Cheez-its
Jugo
Leche **30**

Comida 2
Queso Jalapeño con Palito de Carne
Pez de colores
Disparate
Semillas de girasol
Jugo
Leche **31**

**SPECIAL
ANNOUNCEMENTS**



The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



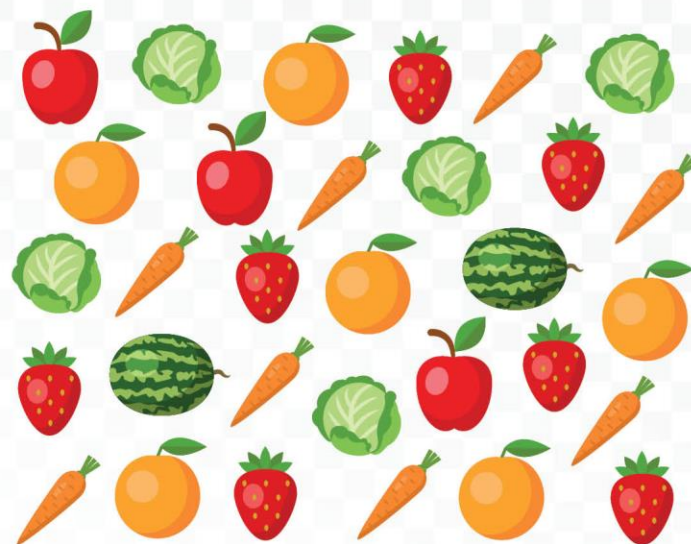
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

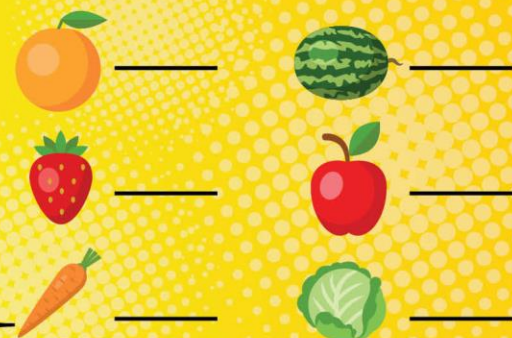
POWER BRAIN POWER









JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



- | | | | |
|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |