



**Everyone
needs help
sometimes.**

*“ I can skip meals – I have many times –
but my children cannot. I don't take
for granted what I have. ”*



EastTexasFoodBank.org

800.815.3663

2019 EAST TEXAS FOOD BANK HUNGER FACTS

THE NEED

1 IN 5 EAST TEXANS, INCLUDING **1 IN 4 CHILDREN,** ARE AT RISK OF HUNGER

OUR REACH

26 COUNTIES
200 PARTNER AGENCIES AND FEEDING PROGRAMS



OUR WORK

21,300,000 MEALS PROVIDED TO HUNGRY CHILDREN, FAMILIES AND SENIORS

8,500,000 POUNDS OF FRESH FRUITS AND VEGETABLES DISTRIBUTED

187,000 BACKPACKS DISTRIBUTED TO CHILDREN FOR THE WEEKEND

2,200 INDIVIDUALS ASSISTED WITH BENEFITS APPLICATIONS

2,500 PEOPLE ATTENDED NUTRITION CLASSES AND DEMONSTRATIONS

4,000 SENIORS RECEIVED ADDITIONAL RELIEF SERVICES THROUGH MONTHLY SENIOR BOXES

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