

" It's a challenge to provide enough food to meet my children's daily needs."

FY2018 YEAR IN REVIEW

# **Given Strate St**





#### From the CEO Dennis J. Cullinane

The East Texas Food Bank, our partner agencies, and tens of thousands of clients were truly blessed by our communities' continued generosity in 2018! I wish to personally thank all of our donors and supporters for their

kindness and generous donations – support that comes from a heart of compassion, and a genuine desire to help others. Thanks to you, we were able to provide approximately 20.9 million meals, which included distributing a record 7.2 million pounds of fresh produce.

In 2018, the East Texas Food Bank celebrated its 30th anniversary. Our vision is still the same as it has been since we first opened our doors: "A hunger-free East Texas." To better realize this vision, we joined forces with UT Health Science Center at Tyler and St. Paul Children's Clinic to launch our Partners in Health Program, which provides healthy foods and nutrition counseling. We are also nearing the completion of our new Volunteer and Nutrition Education Center that will improve the output capacity of our distribution center and provide a platform for our critical nutrition education programs.

As we look to the future, we are renewing our commitment to feed the hungry today and solve the problems of hunger, food insecurity and poor nutrition for tomorrow. We are so grateful for friends like you who join together with us in our mission of fighting hunger and feeding hope in East Texas.

Kindest regards,

# **FACTS:**

East Texas Food Bank

feeding the hungry since 1988

### ETFB PROVIDED 20.9 million meals

2,500 PEOPLE ATTENDED NUTRITION CLASSES AND DEMONSTRATIONS

7,200,000

POUNDS OF FRESH FRUITS AND VEGETABLES DISTRIBUTED

HEADQUARTERED IN TYLER, ETFB HAS A STORAGE FACILITY OVER

> 75,900 SQUARE FEET

> > 26 COUNTIES

200+ PARTNER AGENCIES AND FOOD PROGRAMS 20,000

MILES COVERED

4,000 SENIORS RECEIVED ADDITIONAL

RELIEF SERVICES THROUGH MONTHLY SENIOR BOXES

2,500+

INDIVIDUALS ASSISTED WITH BENEFITS APPLICATIONS

APPROXIMATELY 82,000 HOUSEHOLDS ARE SERVED BY

THE EAST TEXAS FOOD BANK

DURING FY2018, OVER 15,000 VOLUNTEERS DONATED OVER 53,000 HOURS, SAVINGS A DIRECT LABOR

COST EXPENSE OF OVER

ES



# HOW WE HELP...

Today, the need is great, but there is hope. We are here to help.

Throughout the East Texas Food Bank's 26-county service area, we have a network of partner agencies and anti-hunger programs that support our mission to **Fight Hunger and Feed Hope** in East Texas.

Highlights from our work in fiscal year 2018 are listed at right. Showing my kids how to eat healthy is important. It's a new beginning for all of us.

## **Partner Agencies**

Churches, Shelters, Food Pantries, and Soup Kitchens helped in providing more than **20.9 million meals** to East Texans throughout our 26-county service area.

## **Fresh Produce Program**

In FY2018 the East Texas Food Bank sourced and distributed **7.2 million pounds** of fresh, nutritious fruits and vegetables to the people served in our 26-county service area.

### **Child Hunger Programs**

Worked to provide over **363,000 meals** for **10,000 + hungry children** in East Texas through our BackPack, Afterschool Snack, Kids Cafe,<sup>©</sup> and Summer Food Programs.

# **Senior Box Program**

Provided boxes of groceries each month to seniors living on a fixed income, and at risk of hunger. We redistributed supplemental food to **4,000 seniors** through this program.

## **Nutrition Education Program**

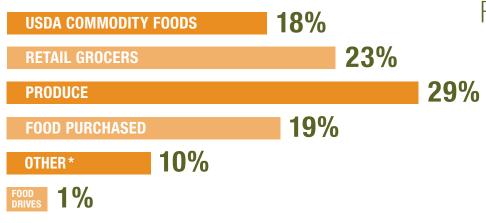
Households at risk of hunger can be caught in a vicious cycle connecting poverty, poor health, and food insecurity. In FY2018, The Nutrition Education Team delivered direct education to **2,500 individuals** through Cooking Matters classes, workshops, food demonstrations and health fairs. Our nutritionists created and over distributed approximately **9,000 nutrition education flyers** through backpack, and senior box distributions. They also promoted the development of healthier pantries by offering more nutritious foods and teaching clients the importance of making healthy food choices.

## **Benefit Assistance Program**

Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to approximately **200,000 low-income children, families, and seniors** in our service area. Through this program, we assisted over **2,500 individuals** submit SNAP applications in FY2018, resulting in **2.5 million** meals. lin 5 East Texans, including lin 4 children, are at risk of hunger today.

# FY2019 SOURCES OF FOOD

Our resources come from diverse channels.



The East Texas Food Bank works hard to source nourishing food for the 82,000 households we serve.

\* Farmers, manufacturers, packers, distributors, wholesalers, restaurants and community members who hold food drives.

# **Meals Provided**

FY2015FY2016FY2017FY201818,200,00021,800,00022,400,00020,900,000

# **PARTNER** AGENCIES

The East Texas Food Bank supplies food to such nonprofit organizations as food pantries, senior centers, shelters, after-school programs, soup kitchens, low-income day care centers and others.

Our 200+ partner agencies and feeding programs then serve these foods to individuals who come to them for help.







# **FY2018 FUNDING SOURCES**

### Where Our Funding Came From

#### Support and Revenues

			Percentage of Total Support
Support			& Revenues
	Donated Foods	\$24,094,508	68.2%
	USDA Commodities	\$3,729,558	10.5%
	Contributions	\$2,183,111	6.1%
	Total Support	\$30,007,177	
Revenues			
	Shared Maintenance	\$873,569	2.4%
	Purchased Food Recovery	\$2,307,653	6.5%
	Federal Grant Revenues	\$2,081,837	5.8%
	Other Revenues	\$26,736	0.07%
	Total Revenues	\$5,289,795	

Total Support & Revenues \$35,296,972

#### How Our Funds Were Used

#### **Expenses**

Programs and Services		Total Expenses		
Warehouse	\$2,063,389	5.7%		
Food Distribution	\$30,196,872	84.4%		
Programs	\$1,616,219	4.5%		
Communications & Marketing	\$502,389	1.4%		
Support Services	\$697,002	1.9%		
Fundraising	\$679,033	1.8%		
Total Expenses	\$35,754,904			
Total Net Assets				
Beginning of FY2018	\$11,439,866			
End of Period	\$12,438,553			

Percentage of

Complete Financial Report available at EastTexasFoodBank.org

# **VOLUNTEERS**

The East Texas Food Bank, located in Tyler, very much relies on volunteers to help us with our mission. Over 15,000 volunteers logged more than 53,000 hours in FY2018, helping us provide 20.9 million meals. Volunteers can help in a variety of ways and are always welcome during our volunteer hours.

Volunteer opportunities include: repacking rice, beans and pastas, helping pack boxes for our BackPack and Senior Box programs, inspecting and sorting food items and helping with administrative duties in the office.

The East Texas Food Bank's best work is only possible because of the dedication of thousands of people who together volunteer hundreds of hours of their time.



**UPS Employees** 



Thanksgiving Volunteers



Nexstar



Robert E. Lee CTC



Aramark

#### FY2018 Board Members

David Apperley

**Carol Bradley** 

Herbert Buie

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Kenneth Cobb

Jim Daughtry

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Jay Jelinek

Kimberly Lewis

Jeff Johnston

Rosemary Jones Secretary

Bill Mohl

Cathy Schreiber Treasurer

Mark Scirto

Michael Stevens Immediate Past Chair

Howard Tagg

Bob Westbrook

# How You Can Get Involved

#### **Give Time**

Volunteers are a key part of operations at the East Texas Food Bank. We absolutely could not do it all without our volunteers! We welcome all volunteers and have a variety of opportunities for individuals, families and groups.

#### **Give Food**

The East Texas Food Bank welcomes food donations from our community members. Food drives are an excellent way for school groups, neighborhoods, corporations, churches, community groups and organizations to help us address the hunger issue in the 26 counties we serve. Food drives also help provide much needed protein items like canned tuna, other meats and peanut butter. We can make it easy for you to organize your food drive with signage, food barrels and pickup.

#### Give Money

Every \$1 you give helps provide up to 8 meals for East Texans in need. Make a difference today!

#### **Become a Monthly Donor**

Schedule a monthly gift to provide the support needed to each vulnerable East Texan year-round.

**Honor, Remember or Celebrate** someone in your life by making a gift to the East Texas Food Bank.

#### **Planned Giving**

Show your commitment to hunger relief with a gift that reflects your values and meets your financial needs.

#### **Be Creative**

From fundraising through your own personalized web page, the mail, or workplace giving; find the best way to give for you.



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